

Of Interest to Every Woman

Edited by Martha Westover

BUTTERFLY DESIGNS FOR LINGERIE, ETC.



Embroidery design for butterflies for use on waists, lingerie, children's clothes, etc. All the single lines in the butterflies should be outlined, or if a handsomer development is desired cover the lines with French stem or whipping stitch. On lingerie materials the dots in the wings of the butterflies could be worked in eyelet. If the butterflies are embroidered in colors, shades that harmonize with the background should be used.

METHOD OF TRANSFERRING.

Dissolve a half teaspoonful of washing powder or a small piece of soap in two-thirds of a glass of water. To this add a tablespoonful of ammonia. Place the material on which the transfer is to be made on a hard, smooth surface, saturate the back of the design with the above solution, place the design face down on the material, laying a sheet of thick paper over the back of the design; hold firmly with one hand and with the bowl of a spoon rub, with pressure, from you. By following these directions carefully

MENU

Breakfast.	Corn Flakes
Oranges	Hot Rolls
Bacon and Eggs	Coffee
Luncheon.	
Lamb Chops	Baked Potatoes
Fruit	Sliced Tomatoes
Dinner.	Cake
Roast Chicken	Spinach and Egg
Candied Sweet Potatoes	Fruit Salad
Lemon Pie	Coffee

Macaroons should never be thrown away when not used, as they may be crumbed and used to flavor custards, puddings and ice cream.

Headache

"How are your bowels?" This is generally the first question the doctor asks. He knows that headaches, bilious attacks, indigestion, impure blood, are often due to a sluggish liver. Ask him if he approves of Ayer's Pills.

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Be Beautiful



Margery Pearson in a Green Wig.

Artificial Hair and Its Use.

OF TWO evils, the wearing of artificial hair is preferable to dyeing one's own, for nature steadfastly refuses to be satisfactorily duplicated in this matter. Dyeing is never an unequalled success. I have already mentioned in this department a lotion that will turn prematurely gray hair back to its original color and health, but it is a tonic and not a dye.

Henna, so much used, is harmless enough if not too strong, imparting a reddish tinge, and a hair that is made from the following formula is not only a harmless restorer, but good for keeping hair healthy. Pour three quarts of boiling water over two

ounces each of green and sage tea and allow to simmer till reduced a third. Remove from the fire and after twenty-four hours, strain and bottle. Rub into the scalp, wetting the hair thoroughly every night. Beyond this in the matter of dyeing the hair it is foolish to go.

If artificial hair must be used, accept nothing less than a perfect match, whatever the cost. It pays. To-day one must not wear the same switch curled at the back and to-morrow as a coronet. Sometimes, while the color may be all right, the artificial hair appears dull against the gloss of the natural hair, in which case it may be treated, as would natural locks turned lustreless, to a brushing with a brilliantine.

Miss Margery Pearson is qualified to speak of artificial hair, for, although her own is wondrously lovely, she originated the idea of the colored wig

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Write for rates and literature.

GROVE PARK INN
Sunset Mountain, Asheville, N. C.

At Vienna the aged Emperor, assisted by the arch dukes and the leading ecclesiastical and secular dignitaries of Austria-Hungary, will go through the ceremony of washing and kissing the feet of twelve poor men, at the Hofburg, who will be sent back at the close of the ceremony to their homes, in imperial court carriages, laden with gifts of money, of clothing and of food.

At Madrid the ceremony will be performed with an equal amount of magnificence by Alfonso XIII. and Queen Ena, the latter washing and kissing the feet of twelve old women, and her husband the feet of twelve old men.

At St. James the actual ceremony of foot washing by the sovereign has been abandoned since the reign of James II., who was the last British monarch to perform it.

After that, the feet washing was delegated to the lord high almoner, and we are informed that on April 15, 1731, the king, performed the annual ceremony of washing the feet of twelve old men in the Royal Chapel of St. James, after which there were distributed gifts of money, clothes, meat and fish to forty-eight old men and forty-eight old women—forty-eight being the sovereign's age.

James II. was not the only post-reformation sovereign of England to wash the feet of the poor on Maundy Thursday; Queen Elizabeth, despite her aversion to everything pertaining to the Catholic Church, retained this ceremony, and is on record as having washed the feet of twelve women on Maundy Thursday, in March, 1572, after the feet in question had

been duly scrubbed, first by laundresses, and then by the lord high almoner. In fact, Queen Bess's washing was restricted to pouring a drop of scented water on their feet, which she thereupon touched with a napkin, crossed, and kissed.

Nowadays the washing of feet has been done away with completely in England, and the Maundy ceremony to-day will be restricted to the distribution of the royal Maundy dole in Westminster Abbey. The aged recipients, carefully selected, correspond in number in the case of each sex, with the age of King George, that is to say, forty-nine, and both men and women will be dressed in black. On the doors of the abbey being opened, they will be conducted to their place by the vergers, and will fill the lowest row of seats in the choir, forming two columns, reaching from the organ to the sacristy. On one side the women will be seated and on the other side the men.

To the heads of the organ the procession will appear, entering through the nave to the choir. It will be headed by the beadle of the abbey, bearing the mace. Following him are the royal scarlet-habited choristers, in green surplices, which are officially termed the "Gentlemen of the Chapel Royal." These fall into their regular places as the procession advances. Next come three clergymen bearing bouquets, the colors of which are invariably red, white and yellow. Following them is the gorgeously apparelled sergeant-major of the Yeomen of the Guard.

All eyes are directed to the next corner and their burden. These are two gigantic Yeomen of the Guard, carrying shoulder high an immense brass platter, from the edge of which depend, in a perfect circle, long red and white purse strings, terminating in silken tassels. On top are the Yeomen of the Guard upon a circular oaken table of ancient date, that looks as if it might have been made for that purpose and no other. The station, one on each side of the table, and behind them, on their way to the sacristy, pass Dean Armitage Robinson, of Wells Cathedral, who is the lord high almoner, the subalmoner, Canon Sheppard, Bishop Ryle, and the canons of the chapter thereof. Yeomen of the Guard, some sixty in number, in their Tudor costumes, and armed with halberds, form a line on either side of the choir.

The office for the royal Maundy is then intoned by the Dean of Westminster, and at the conclusion of the first anthem, the first distribution takes

JOIN IN OBSERVANCE OF MAUNDY THURSDAY

Celebration at Courts Will Be With Considerable Pomp and Ceremony.

BY LA MARQUISE DE FONTENAY.

MAUNDY will be observed to-day by the courts of Austria, Spain, Bavaria and England, with a considerable amount of old-time pomp and ceremony, while the Kaiser and the other monarchs and members of the reigning houses who belong to the German, Dutch and Scandinavian churches of the Protestant denomination, invariably make a point of receiving Communion on this Thursday before Easter.

At Vienna the aged Emperor, assisted by the arch dukes and the leading ecclesiastical and secular dignitaries of Austria-Hungary, will go through the ceremony of washing and kissing the feet of twelve poor men, at the Hofburg, who will be sent back at the close of the ceremony to their homes, in imperial court carriages, laden with gifts of money, of clothing and of food.

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place. The two Yeomen of the Guard lift the brass platter from the table and march to the head of the line of women. They are followed by the lord high almoner, the subalmoner and their secretaries, the latter in court dress, and, passing along the line, the dols of money, representing about \$20 in newly minted silver, are handed by the lord high almoner to each of the recipients in turn, in antique red and white kid purses, embossed with the royal crown. A third anthem is sung, and then there is a second distribution, this time to the men, who each receive their purse with the \$20. Thereupon, with a prayer for the King and Queen and for the royal family, and a benediction by the Dean of Westminster, the Maundy ceremony at Westminster Abbey comes to an end.

The first one hears of Maundy Thursday in England is in the reign of King Alfred, who performed not only the washing of the feet ceremony, but also the distribution of the Maundy gifts at Arundel Castle, now the ancestral home of the Dukes of Norfolk.

Such controversy has taken place about the term Maundy. Some believe it to have its origin in the Latin "Dies mandati," when Christ broke bread with his disciples, commanding them to go in remembrance of Him. Others insist that the term is derived from the old Saxon word "maund," which, originally denoting a basket, came to signify any gift or offering made therein. This interpretation is countenanced by Shakespeare, who speaks of "a thousand favors from her maund she drew." The poet Dryden speaks of "a little maund being made of osiers small," while Herrick refers to the word as a basket, in his lines: "Behold for us the naked Graces stay, With maunds of roses for to strew the way."

In all the pictures showing the Kaiser with members of his suite, there are invariably seen a couple of officers, each with a silver sash crossing the breast from the shoulder to the hip. These are his "fugel adjutants," that is to say, orderly officers in waiting, and two of them are all the time to go in remembrance of Him, day and by night. At night they sleep, fully dressed, on couches in the ante-chamber of his bedroom, and any telegraphic or cable dispatch, or telephone message arriving for him is first communicated to them, and it is they who decide whether it is necessary to wake him up to receive it, or to hold it until the morning.

They are never allowed while on duty to lay aside their sashes; and, whereas at luncheons and dinners at which the Emperor is present, he as well as the other officers will lay aside their swords and belts, the orderly officers must remain armed all the time. They are, in one word, not his chief bodyguard, responsible to the army, to the government, and to the nation for his preservation from all harm.

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